

Is YOUR family eco-friendly?

- Turn off the water while you're brushing teeth or washing dishes.
- Recycle paper, plastic, glass and soda cans.
- Watch a movie about environmental justice.
- Shop locally for organic fruits and vegetables.
- Plant your own vegetable garden.
- Use reusable grocery bags instead of paper and plastic bags.
- Close the refrigerator and freezer doors quickly to save energy.
- Replace incandescent bulbs with CFLs.
- Install energy-efficient windows and doors.
- Buy Energy Star appliances.
- Install water saving toilets.
- Install tankless or solar water heaters.
- Shift to reusable dishes and utensils instead of paper plates and plastic utensils.
- Take showers that are less than five minutes!
- Carpool to school or work with neighbors and friends.
- Start your own garden.
- Create a compost pile for your organic waste.
- Shift to organic landscape care.
- Write letters to your local government representatives to tell them environmental justice should be reflected in public policy decisions.
- Go on a nature walk and take in the beauty of creation!